

1- My favorite food الطعام المفضل

My favorite food is chicken . It's a healthy food . I eat it with vegetables . I like fruits and drinks . My favorite drink is orange juice. My mother buys it at the market .

2- Chickpeas الحمص

Chickpeas are an important ingredient in many recipes such as koshari . Chickpeas are not a fruit or a vegetable. They belong to a group of food called legumes . They are a healthy food. They can help to keep our digestive system working properly.

3-The food chain سلسلة الغذاء

Plants and trees are called producers. Animals are called consumers Primary consumers eat plants. Secondary consumers eat small animals and insects. Tertiary consumers eat larger animals

4-Sports equipment أدوات الرياضة

I like to play football on the pitch . I wear my football boots to play with my friends . My sister always goes swimming in the pool . She uses her goggles to protect her eyes . My brother uses his racket to play squash

5-Famous Egyptian athlete لاعبة رياضة مشهورة

Hedaya Malak is a very famous Egyptian sports person. She carried the Egyptian flag at the Tokyo Olympic Games in 2021 She was born on April 21, 1993 She began practicing taekwondo at the age of seven She won many prizes

6-Sports الرياضة

I'm very good at swimming. I'm in the school team .But I'm very bad at tennis. My brother is bad at football . He is great at taekwondo .

7- The Nile Delta دلتا النيل

The Nile Delta is in Lower Egypt About 20 kilometers north of Cairo the Nile River spreads out into two branches These two branches flow toward the Mediterranean Sea

The Nile Delta is the fertile soil between the two branches of the Nile It stretches from Alexandria to Port Said and it looks like a triangle

8-My favorite clothes الملابس المفضلة

My favorite type of clothes is the dress It's blue. It has two pockets I love wearing it in parties I also love wearing a crown on my head for parties

9-“My visit to Elephantine Island” زيارة لجزيرة الالفنتين

Yesterday, I was traveling to Elephantine Island by boat with my family. We were trying to understand the Elephantine name! Elephantine Island is the most fantastic place in Aswan. Elephantine Island is the oldest part of Aswan. You can do lots of things there

10-Helping our community مساعدة مجتمعنا

At school, we learn about looking after plants. We try to keep the plants healthy. We take out the weeds. We make sure the plants get lots of sunshine. Sunshine helps the plants grow.

11-Eco-tourism in Egypt السياحة البيئية في مصر Taba طابا

Taba is an excellent example of a part of Egypt where eco-tourism works well. We can find valleys, mountains, desert, and the sea there. We can find fantastic wildlife in Taba like the Nubian ibex. Eco-tourists in Taba can enjoy diving, hiking, and camping. We can find everything in Taba for a great.

12-“The results of climate change” نتائج تغير المناخ

Climate change describes how our normal weather is changing over a long period of time. Scientists think that people are causing climate change. As a result of climate change, animals may lose their food because plants die. Sea level rises, so people can lose their homes. The climate becomes too hot.

13-“craftsman” الحرفى

My father is a craftsman . I want to be a craftsman. I like making beautiful pots from clay. I'm good at making things. I think it is a good job for me.

14-“Egypt's freshwater ecosystem” النظام البيئي للمياه العذبة فى مصر

The banks of the Nile River have many different species of animals and plants . There is lots of freshwater, not saltwater like the sea . Many water birds live in the reeds on the river bank. It's a good place for them. There are plenty of fish to eat.

15-“Women's jobs in Ancient Egypt” وظائف المرأة فى مصر القديمة

Ancient Egyptian women worked at home. They could work outside, too . Women cooked meals, cleaned the house, and took care of their children . Women could weave baskets, bake bread, and make sandals, and they could sell them at the market . Hatshepsut was a famous queen in Ancient Egypt.

16-“Teamwork” العمل الجماعى

Teamwork is very important . I work in a team in science when we're doing an experiment . I work in a team when I'm playing football . You can't win a football match by yourself ! You work with your teammates to do this.

17-“The weather in Egypt” الطقس فى مصر

We have a nice variety of weather in Egypt. We have very hot summers and the temperature sometimes goes to 50 degrees! Our winters are cooler. The temperatures can go down to around 14 degrees. The desert has a very special climate, with very hot days and very cold nights.

18-“Natural resources” الموارد الطبيعية

Our world is an amazing place. It gives us many things so we can have food, clothes, and build our houses. The things nature gives us are called natural resources. We can use these natural resources to stay alive and keep healthy. Some examples of natural resources are water, clean air, soil, fossil fuels like oil and coal, and minerals like gold and copper.

19-“How to protect yourself in a storm” كيف تحمى نفسك فى العاصفة

In a storm, you have to keep yourself safe. Stay inside and keep dry. Make sure you have candles and torches. Don't stand near wires. Don't go anywhere by train. This could be unsafe.

20-“How to keep safe in extreme heat” كيف تحمى نفسك من الحرارة الشديدة

In extreme heat, we should drink lots of water, even if we don't feel thirsty. We should open the windows when there's a cool wind. We should wear light, cool clothing. We should try to spend time in cool buildings with air-conditioning. We shouldn't go outside in hot weather.

21-Jack and the Beanstalk جاك وساق نبات الفاصوليا

Jack and his mother were very poor. On the way to the market, Jack met an old man. I have these special beans. Jack climbed the beanstalk. The hen was in a cage. It was a magic hen. The giant fell on the ground and ran away.

22-My favorite recipe وصفة الطعام المفضلة

This is how you make basbousa. First, turn on the oven to get it hot. Then, weigh out the ingredients. Mix the semolina, sugar and butter into a baking dish. Bake the basbousa in the oven for 30 minutes.

23-How to grow chickpeas كيف تزرع حمص

Plant chickpeas in rows and water them regularly. Check the chickpea plants. They should look green and healthy. When they turn brown, harvest them and collect the seeds. Put the seeds into bags and take them to the market. People buy chickpeas and make delicious meals.

24-Water pollution تلوث الماء

Water pollution is a serious problem. People throw garbage in the Nile. Dirty water can make people ill. We shouldn't throw chemicals in rivers. We must keep water clean.

25-The Nile valley وادى النيل

The Nile valley is on the banks of the river. It is very good for growing crops. The Nile Valley is like a lotus flower. The Nile is the stem, and the Nile Delta is the flower.

26-Egypt مصر

Egypt is a very beautiful country. The Nile runs through it until the M. Sea. Cairo is the capital of Egypt. It is a modern city in Lower Egypt. Libya lies to the west of Egypt. The Red Sea lies on Egypt's east coast.

27-The Fayoum Depression منخفض الفيوم

The Fayoum Depression is a special place. It is an oasis with waterfalls. It is in the Northern Desert of Egypt. It is below sea level. There are fossils of whales.

28-School uniform الزي المدرسي

I like our school uniform. Everyone wears a short-sleeved white shirt. The girls wear a pale blue checked skirt. The boys wear dark blue linen trousers. We have to wear black leather shoes.

29-Community garden حديقة المجتمع

I learn about looking after plants at school. I go to the community garden with my dad. We dig the soil and plant the seeds. We water the plants every day to keep them healthy.

30-Farmers in Ancient Egypt الفلاحون فى مصر القديمة

People in Ancient Egypt worked very hard. Most people worked as farmer. They were very important in Egypt's economy. They worked in fields near their homes. They planted crops, usually grains.

31-Why are eco-systems important؟؟ لماذا النظام البيئي مهم؟

Animals and plants need each other to live. They also need suitable conditions. Animals eat plants and insects to survive. They need food, water, and shelter. Plants need water and sunlight to survive. They also need the right climate

32-A trip to Nubia رحلة الى النوبة

We had a wonderful trip to Nubia last year. It has many historical monuments. The tour guide showed us the temple. He was very friendly and welcoming. The hotel chef prepared a delicious meal. We bought souvenirs from the market

32-A tour guide المرشد السياحي

A tour guide is the most important job in tourism. A tour guide shows the tourists the country they are visiting .He is friendly and welcoming.He tells the tourists about history.I want to be a tour guide.

33-How to help your mom doing the shopping؟؟ كيف تساعد والدتك فى التسوق؟

I help my mom . I go to the market with my mom . I write the shopping list . We buy rice , tomatoes and lentils. We go home . My mom cooks delicious food

34-What can we do to protect air ,seas and trees ماذا تفعل لتحمى الهواء والبحر والأشجار

We should protect the Earth. We should stop emissions from cars . We shouldn't pollute the sea . We shouldn't throw waste in the sea. We should plant many trees . We shouldn't cut down trees.

35-What clothes you take when you go to a trip؟؟ ما الملابس التي تأخذها عندما تذهب لرحلة؟

I am going on a trip to Aswan . I will pack my suitcase . I will wear a T-shirt and sunglasses when it's hot . I will wear a sweater when it's cold . I will wear my sneakers for long walks.

36-Sports we have in Egypt الرياضات فى مصر

We have many sports in Egypt. We have football, tennis and squash. Football is the most popular sport. Mohamed Salah is a famous player. He plays for Egypt. I play football twice a week to be fit .

37-Legumes البقوليات

There are many kinds of legumes . I like chickpeas . I can make koshari and hummus. I add pasta and rice to it . Chickpeas are healthy food . They help our digestive system work properly.

38-Pros and cons of Eco - tourism مميزات وعيوب السياحة البيئية

Eco-Tourism looks after the environment . Eco tourists don't like to travel by plane . They travel by train . They stay in small hotels . They like to dive in the Red Sea. Eco tourism helps people but it isn't comfortable

39-What do you want to be when you grow up ? ماذا تريد ان تكون عندما تكبر ؟

I want to be a doctor . I want to help others . I like to help sick people . I will give them the medicine . This job is important because it helps people get better.

40- The vet الطبيب البيطري

My name is Ali . I work as a vet. I like helping a lot of sick animals. When animals get better, I feel so happy.I really like my job. I go to people's houses or farms to check animals.

41-Greenhouse gases غازات الاحتباس الحرارى

Greenhouse gases are important to keep our planet at the suitable temperature for life .Greenhouse gases are gases like carbon dioxide, water vapor and methane .Now we have more greenhouse gases so the earth is warming up too much.

42-My city Aswan مدينتى أسوان

My city is a fantastic city. There are a lot of places to see like museums and temples. There's no traffic so it's very quiet. There are restaurants to eat dinner and lunch. I love Aswan very much.

43-The lazy grasshopper الجراد الكسول

One day there was a lazy grass hopper. He spent most of his time relaxing. He doesn't like to work. In winter he was hungry . He didn't have any food because he didn't work. He understood that he should work well.

44- The desert الصحراء

The desert has a very special climate . It has very hot days and very cold nights . Some people who live in the desert try to keep themselves cool in the day and warm at night. The desert is very interesting place